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BROWLIFT

TO MY PATIENT:

This is a reminder of things we have discussed today concerning your surgery. Please keep these instructions to refer back to after you have had your surgery. If you have further questions, you may contact our office at 281.444.3733, Monday - Friday from 8:30 am - 5:00pm.

Things you should know and do before and after your surgery:

- 1. DO NOT take aspirin or "aspirin-like" medications for at least 7-10 days prior to your surgery. These medications may cause increased bleeding during surgery. However, if you take aspirin prescribed by your medical doctor, do not discontinue taking it before checking with your doctor. Tylenol (acetaminophen) is okay to use as it does not act in the same way as aspirin.*
- 2. If you develop any acute illness, infection or fever prior to your surgery, please notify my office as soon as possible. Colds and other infections can jeopardize your health and the results of your surgery.*
- 3. TABACCO: I DO NOT allow smoking during the pre-operative and post-operative period. It has been demonstrated that tobacco use interferes with blood flow and this could result in unsatisfactory scars.*
- 4. Since your procedure involves the face, certain measures will facilitate the surgery. Do not apply make-up on the day of your procedure. Ensure that you shampoo your hair the night before. You may shower and shampoo the day after your surgery.*
- 5. Swelling and discoloration are normal, usually lasting for up to two weeks. You may help this by decreasing your activity and keeping your head elevated on pillows while resting.*
- 6. Skin staples will be removed in our office approximately 10-14 days after your procedure.*
- 7. At the outpatient facility, you will receive ice packs (Swiss Therapy) for swelling and discomfort; you may continue to use these as needed.*
- 8. Make sure you finish all antibiotics that were prescribed and take pain medication as needed.*
- 9. Please call our office to schedule your follow-up appointment at 281.444.3733. These appointments are very important and should be kept.*