



THOMAS P. McHUGH, M.D.

Plastic & Reconstructive Surgeon
Cosmetic, Hand & Laser Surgery

FACELIFT

Diplomate, American
Board of Plastic Surgery

TO MY PATIENT:

This is a reminder of things we have discussed today concerning your surgery. Please keep these instructions to refer back to after you have had your surgery. If you have further questions, you may contact our office at 281.444.3733, Monday - Friday from 8:30 am - 5:00pm.

800 Peakwood

Suite 8C

Houston, Texas 77090

281.444.3733

FAX: 281.444.3577

22999 US Highway 59

Suite 154

Kingwood, Texas 77339

281.348.3373

Things you should know and do before and after your surgery:

- 1. DO NOT take aspirin or "aspirin-like" medications for at least 7-10 days prior to your surgery. These medications may cause increased bleeding during surgery. However, if you take aspirin prescribed by your medical doctor, do not discontinue taking it before checking with your doctor. Tylenol (acetaminophen) is okay to use as it does not act in the same way as aspirin.*
- 2. If you develop any acute illness, infection or fever prior to your surgery, please notify my office as soon as possible. Colds and other infections can jeopardize your health and the results of your surgery.*
- 3. TABACCO: I DO NOT allow smoking during the pre-operative and post-operative period. It has been demonstrated that tobacco use interferes with blood flow and this could result in unsatisfactory scars.*
- 4. Since your surgery involves the face and/or the scalp, certain measures will facilitate the procedure. Do not apply makeup on the day of your surgery. Ensure that you shampoo your hair the night before your surgery. You will be seen approximately 3 days after your surgery for a dressing change, at which time you will be given instructions on showering.*
- 5. To help achieve a better result, you will have small tapes applied to your chin. These tapes may get wet when you wash your face, but they should stay on until removed in our office.*
- 6. Swelling and discoloration are normal, usually lasting for up to two weeks. You may help this by decreasing your activity and keeping your head elevated on pillows while resting.*
- 7. Sutures will be removed in two separate visits: the first visit is within 7 days of your procedure and the second is within 10 days of your procedure.*
- 8. Make sure you finish all antibiotics that were prescribed and take pain medication as needed.*
- 9. Please call our office to schedule your follow-up appointment at 281.444.3733*

Board Certified by
the American Board of
Plastic Surgery

Member of:
The American Society of Plastic and
Reconstructive Surgeons,
Texas Society of Plastic Surgeons,
Houston Society of Plastic Surgeons,
American Medical Association,
Texas Medical Association,
Harris County Medical Association,
American Burn Association